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Weekly Updates

## World Down Syndrome Day 3.21

WDSD 2024 is just around the corner! How will you be celebrating? Here are some things happening around the valley:

- Pieology Pizza Fundraiser! Go to any Pieology in the Fresno, Clovis,
   Hanford or Visalia area and let them know you are there for the
   FUNdraiser supporting DSACC! Grab a pie for Lunch, Dinner, or a Snack on
   Thursday, March 21 and a portion of your purchase will be donated to
   support DSACC's programs and services!
- DSACC WDSD Celebration at Imagine U Children's Museum Join DSACC for a fun filled evening at Visalia Children's Museum in Visalia from 5:30-8:00pm. Get your tickets today! Cost includes all you can eat pizza, museum entry, and loads of fun with new friends and old!
- Get your 3.21 Shirt TODAY! Celebrate loud & proud with a custom printed
   3.21 shirt! Designed and printed by individuals with Down syndrome for
   only \$21 each! We even have toddler shirts for only \$15. Order your
   shirt(s) by March 10 to get it in time for 3.21!



Get WDSD tickets HERE



THURSDAY, MARCH 21
5:30 -8:00 PM
AT IMAGINE U CHILDREN'S MUSEUM
210 N TIPTON- VISALIA





# **TEE UP FOR DOWN SYNDROME GOLF TOURNAMNET**

### **SIGN UP YOUR TEAM TODAY!**

TEE OFF AT NOON

ON-COURSE GAMES & LUNCH

SUPPORTING A GREAT CAUSE

Join us for a day of golf and giving back at Tee Up for Down Syndrome Golf Tournament, benefitting the Down Syndrome Association of Central California.

Swing into action and make a difference on Monday, April 15, 2024 at Belmont Country Club. Enjoy a thrilling day on the green while supporting a worthy cause. Included with the ticket cost is a round of golf, cart, on course games, putting contest, and a delicious lunch from Dog House Grill. At the close of the tournament enjoy appetizers, raffle & awards!

Your participation not only promises a fun-filled golf experience but also helps us provide vital resources and support to individuals with Down syndrome and their families.

Let's tee off for a brighter future!

- \$200 per Golfer
- \$800 for a Foursome
- Registration Closes April 10, 2024

### **REGISTER TODAY**

### **SPONSORSHIP OPPORTUNITIES**

- Sponsor a Golfer with Down syndrome \$100
- Tee Box Sponsor \$250
- Beverage Cart Sponsor \$600
- Birdie Sponsor \$1,250
- Eagle Sponsor \$2,000
- Exclusive Driving Range Sponsor \$3000

**BECOME A SPONSOR** 

# **COMING UP**

#### PARENT2PARENT

Welcome back! P2P is an all-ages parent connection & support group. New parents, experienced parents, and everyone in between- we welcome you to join the conversation with your tips and tricks, challenges and successes, and maybe we a few new things along the way.

This group meets in-person the first Wednesday of the month from 6-7:30pm at the DSACC office: 1491 W Shaw Avenue Fresno, CA 93711

- March 6, 2024: Meet & Greet! No scheduled guest speaker- just a great time to get together and help each other with current challenges and celebrations.
- April 3, 2024: Let's decompress together after Spring break!
- May 1, 2024: Mom's Night Out at the Elbow Room in Figarden Village! Join DSACC for a much deserved Mom's Night Out. Please RSVP to Jenn at info@dsacc.org so we can get a head count.

#### **GRUPO APOYO**

Grupo Apoyo is an all-ages parent connection & support group. New parents, experienced parents, and everyone in between- we welcome you to join the conversation with your tips and tricks, challenges and successes, and maybe we learn a few new things along the way.

Grupo meets the second Wednesday each month from 6-7:30pm in-person at the DSACC office: 1491 W Shaw Avenue Fresno

- March 13, 2024: Meet & Greet! No scheduled guest speaker- just a great time to get together and help each other with current challenges and celebrations.
- April 10, 2024: Dr Carmela Sosa from Valley Children's Hospital for a casual Q&A
- May 8, 2024: To be announced

#### TINY TOTS

Calling all Tiny Tots and their parents! DSACC is thrilled to introduce, TINY TOTS- a friendly and supportive environment for parents and their babies (ages 0–4) to get together on the second and fourth Tuesday of every month. Learn helpful information to support your baby's development, and connect with other parents in the community!

Where: DSACC- 1491 W Shaw Avenue- Fresno from 10:30-12:00 pm

- March 12 only
- April 9 & 23
- May 14 & 28

### BOWLING CLUB

We invite our members 13 & older for a casual bowling meet up the 2nd Monday of every month at 4pm, at Fresno State's Bowling alley. We encourage parents to join, stick around to bowl and meet others!

Thanks to a generous anonymous donor- bowling is FREE! Please note you may need to pay parking. Please RSVP to <a href="mailto:info@dsacc.org">info@dsacc.org</a>, or text 559.825.4981

- March 11, 2024 at 4pm
- April 8, 2024 at 4pm
- May13, 2024 at 4pm

## IMPROVANEERS

The Improvaneer Method uses improvisation to build skills in individuals with developmental disabilities that will greatly increase social, workplace, and lifetime opportunities. The program is an action-packed, super fun, amazing opportunity for any friend with a developmental disability.

The key skills we are focused on building in this course are: Quick & Creative Thinking, Problem Solving, Attention to detail, Focus, Listening, Eye Contact, Voice Projection, Teamwork, Character Development, and Self Confidence.

This is a 5 week session that meets every Monday and Wednesday each week from 4:30-5:45pm at the DSACC Office.

- April 17, 22, 24, 29 May 1, 6, 8, 14, 15, 20
- Cost is \$250 per person
- Register TODAY!



Click to <u>edit Email Preferences</u> or <u>Unsubscribe</u> from this list.

Down Syndrome Association of Central California

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