

A publication of Down Syndrome Association of Central California
Our mission is to enhance the quality of life for all people whose lives are touched by Down syndrome.

Happy New Year's!

It is hard to believe a new year is already upon us but we here at DSACC are so excited for what 2023 has in store! We appreciate your patience as we keep things very slow in January and February while we give a face lift to many of our programs, and introduce many new ones! We can't wait to share them with you!

In the meantime- check out our upcoming fundraisers and family camp!



Details on page 9



Details on page 8



We are headed back
to camp!
MARCH 24-26, 2023

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Statement of Policy and
Disclaimer:

The Extra is the periodic newsletter of (DSACC) Down Syndrome Association of Central California, which serves Central California. Subscription is free to members & friends of the Association. DSACC is affiliated with N.D.S.C and N.D.S.S. The Extra reports items of interest related to Down syndrome, so that the reader may make informed decisions concerning Down syndrome related issues. Any opinions, findings and conclusions, or recommendations expressed in The Extra are those of the individual authors and do not necessarily reflect the views of the officers, Board of Directors, DSACC organization or its membership. All medical related issues should be thoroughly discussed with your doctor before being implemented. DSACC does not endorse the writings of any individual, professional, or organization.

2023 Officers & Board of Directors

DeAndra Inman- President
Mike Bowman- Past President
Erin Bell- Vice President
Victoria D'Ambrosi- Treasurer
Shellie De Alba- Secretary
Members at Large- Rosemary &
Adrian Jilote, Mike Bowman

Introducing Program & Outreach Coordinator- Candi Robinson

Hello,
I'm Candi Robinson. My family and I recently moved to Clovis after 13 years of being based in the Bay Area. My husband Rob and I have four boys, Miles, Tyler, Jace and Jax.

Most of our days are filled chasing after the boy's and getting them to where they need to be whether its music class or a sporting event. When there's down time we love to be outside playing and exploring.

I was born and raised in England, and that's where I attended Staffordshire University graduating with a Bachelors of Science in Sport and Exercise Psychology. During the course of studying, I also took time to travel. First, I went to Ghana and then to the USA which is where I met my husband and ultimately married in the UK sometime later.

When we returned to the USA, I took on a new role at a Non-Public school for children with Autism. There I worked assisting in the classrooms and over time became the Program Coordinator where I developed programs, and ensured they were successfully implemented.

One of the biggest joys from working with this community was seeing the kids learn and grow. Without fail their pure honesty would make me laugh every day. I was also in a unique position to be able to connect with the parents. Having Miles who has Down Syndrome, I was able to relate with similar experiences, testing, early intervention, IEP's and everyday challenges. I know the importance

of having parents/care takers feel empowered to advocate for their child, their needs and their rights. One of the many life lessons I learned early on from my Mum was that those with differing abilities can and should have the opportunities to experience life as everyone else does. We just have to figure out how to overcome the challenges to make that happen.

We're excited to be here in the Fresno area and I'm looking forward to serving you and the community.

Sincerely,
Candi

Temporary winter hours:
Monday, Tuesday & Thursday
10:00am-2:00pm
By appointment only or for events
on Wednesdays & Fridays

DSACC will be closed
Thursday, December 22- January 3,
2023- Winter break
January 16- Martin Luther King Day
February 20, 2023: President's Day
March 1-6, 2023: Staff is at the
DSAIA Conference!

If you need assistance, please leave us a message at 559.228.0411, or email us: Jenn- info@dsacc.org
Candi: Om@dsacc.org

2023 Board Meetings
Board meetings take place from 6-8 pm via Zoom. Board meetings are open to the public. Contact Jennifer for the meeting link- pd@dsacc.org

Meetings dates:
January 18, 2023

***The President may call for additional meetings when necessary



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smile.amazon.com/ch/77-0520742



LORI NEGRETE FUND

This fund is in loving memory of Lori Negrete whose life was dedicated to supporting children with disabilities in special education.

Your donations will help create and support the DSACC Skills Center, a program whose goal is to help our loved ones with Down syndrome maintain and grow the many skills needed to lead a quality life. Skills such as communication, social, reading, and writing skills, just to name a few.

www.aplos.com/aws/give/DownSyndromeAssociationofCentralCalifornia/LoriNegrete

MAIL IN DONATION: Your contribution, big or small, will support and enhance the quality of life for families & individuals in Central California touched by Down syndrome

Name/Nombre _____

Address/Domicilio _____

City/State/Ciudad/Estado _____

ZIP/Código _____

Phone/Teléfono: _____

E-mail _____

Amount: _____

One time donation (yes/no) _____ Recurring Monthly (yes/no) _____

CC Number: _____

Exp Date: _____ Security code: _____

WINTER SNAPSHOT

january • february • march

Support & Education Groups

These groups offer emotional support, connections & education for families touched by a disability (not just Down syndrome!).

The purpose is to connect new friends & old, gain valuable tools & knowledge on a variety of topics relating to raising a child or adult with a disability.

PARENT2PARENT

This (all ages) group offers emotional support, connections and education for families touched by a disability (not just Down syndrome!). The purpose is to connect new friends and old, gain valuable tools and support for a variety of topics relating to raising a child or adult with a disability.

- January or February- No meeting
- Stay tuned for a new look & new date and time in March!

SOUTH VALLEY EDUCATION & SUPPORT

This early start group offers emotional support, connections and education for families touched by a disability (not just Down syndrome!). Meetings are facilitated by DSACC & Bright Start staff.

- When: First Thursday of the month, from 10:00-11:00 am unless otherwise noted
- Where: Virtually
- Please contact Stephanie Caldera at Bright Start- scaldera@tcoe.org, (559) 740-4321 ext. 6528 to register

- January- No meeting
- February 2, 2023: Potty Training with Amanda Delgado

GRUPO APOYO

This Group for all ages offers emotional support, knowledge, and understanding for parents of children with special needs

Stay tuned for a new look, and new time & date for meetings!

Advocate Group

On the Advocate committee our adults with Down syndrome will learn public speaking skills, build and maintain social skills, and be a voice for members with Down syndrome. Meet ups: First Saturday of the month at Noon.

- January 18, 2023 from 6-8pm, Dinner with the Board of Directors
- February- TBD

Family Connections**Bowling Night**

We invite our members 15 & older for a casual bowling meet up the 2nd Monday of every month at Fresno State's Bowling alley.

We encourage parents to join stick around to bowl and meet others!

Please RSVP to Jenn at info@dsacc.org, or text 559.825.4981 by the Saturday prior if possible.

- 2nd Monday of the Month
- 6:00 pm
- \$5.50 per bowler
- Bulldog Bowl
- 5280 N. Jackson Ave, M/S SU 36
- Fresno, CA 93740-8023

Virtual Programs**Mark your calendars!****Regression & Down Syndrome with Dr. Jonathon Santoro, MD**

Join DSACC as we welcome Dr. Jonathon Santoro, MD, who directs the Neuroimmunology and Demyelinating Disorders Clinic at Children's Hospital Los Angeles. Learn what Ds Regression Disorder is, the latest research and get all your questions answered.

- Register in advance for this meeting: <https://us02web.zoom.us/join/register/tZUtd-ygqDgsGtNVEhInpWulpSJPBkoqGXpe>
- After registering, you will receive a confirmation email containing information about joining the meeting.
- Thursday, February 23, 2022 from 6:30-8:00pm

WINTER SNAPSHOT

january • february • march

FUNdraisers

2023 Fairytale Ball

Once upon a time, in a central valley not so far away, there lived many princes and princesses who were born with the magical powers of an extra chromosome. This year's fairytale gala will celebrate the magic and joy of our loved ones with Down syndrome, and will raise funds to support the DSACC programs and services that will make dreams of a better future possible!

Friday, March 10, 2023
6 o'clock pm
Sunnyside Country Club
5704 E Butler Avenue Fresno, CA

Early Bird pricing thru February 3, 2023
\$110 individual ticket, or 2 for \$200

After Feb 3- Individual ticket \$150
2 for \$250
Guest with Down syndrome \$100

Register today at
www.aplos.com/aws/events/fairytale_ball

Support, Resources, & Outreach

SUPPORT AT EVERY AGE

We provide support and resources to families of all ages and stages of life. Including new family visits, workshops on a variety of topics, assisting in locating appropriate services or supports.

FAMILY ASSISTANCE

New family gift bags, Event scholarships, Community Connections and more!

OUTREACH & ADVOCACY

We provide extensive outreach to local healthcare professionals, educators, and service providers who serve our members with Down syndrome.

Need help finding an answer to your questions? Contact DSACC staff at 559.228.0411 or info@dsacc.org

FUNdraisers

Tee Up for Down Syndrome

Join in the fun out on the golf course April 24, 2023! Enjoy on-course games, raffle, lunch, dinner, and so much more!

Monday, April 24, 2023
Belmont Country Club
8253 E Belmont Avenue, Fresno CA

Check-in/Registration/Lunch 11:30 am
Tee time 1 O'clock pm
Dinner & Awards to follow

Early Birdie pricing now thru
February 28, 2023!
Early Bird Individual Golfer \$150
Early Bird Foursome \$600

Golfer with Down Syndrome \$100

Individual Golfer \$180 (After February 28)
Foursome \$720 (after February 28)

Register today!
www.aplos.com/aws/events/tee_up_for_down_syndrome_2023

Shop & Support

This holiday season you can shop for deals and support DSACC...
on Amazon Smile! Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice.

AmazonSmile is the same Amazon you know. Start your shopping at smile.amazon.com/ch/77-0520742

At the grocery store - www.escrip.com

It's free. Earn for your favorite schools & nonprofits. Register store cards, credit/debit cards, or buy digital gift cards. Shop, dine out or even take a cruise to earn easily and automatically when you shop with merchants that give back.

Birthdays

If your birthday is not listed here, please call us and let us know. We will publish missed birthdays.

Aaron Mayta	Caidus Coronado	Sanchez	Pineda	Mikayla Hernandez
Oscanoa	Carlos Williams	Fatima Macias	Julian Carrillo	Mike Wright
Aaron Ray	Recinos	Felipe Basulto	Juliana Estrella	Monica Ruano
Abraham Benitez	Cecilia Barragan	Fernanda Ramos	Bernal	Nataleigh Collura
Adrian Pedraza	Charis Crisco	Fransico "Keko"	Julio Ramirez	Natalie Dream
Adriana Romo	Charlie Allshouse	Huerta	Katie Rose Cosby	Pimentel
Aleksander	Chloe Colin	Gerardo Reynoso	Kelly Klepper	Natividad Garcia
Wickstrom	Chrhistian Fast	Gisele Cody	Kensy Molina-	Nihan Rojas
Alessandra Colin	Christian	Guadalupe Ramos	Monges	Herrera
Alex Mejia	Hernandez	Hugo Solis Morales	Lauren Bergquist	Noah Sanchez
Alexa Pacheco	Christopher Yopez	Ian Frantz	Leanna D.	Paola Beatriz Garcia
Villasenor	Cristopher Vasquez	Isabella Meza	Hutchings	Phillip Sims
Alexandria Maggio	Crystal Alvarez	Isaiah Richardson	Leia Manvano	Richard "Ricky"
Alina Garcia	Dana Paderna	Isaias Arzola	Levi Gonzalez	Peterson
Aliyah Isabella	Dante David	Jack Welsh	Lilianna Bourgeois	Rosy Lazo
Tovar	Rosette	Jacob Chavez	Logan Dewey	Salvador Albino
Alyius Chhoeum	Darae De Alba	(brother not son)	Logan Vincent	Scott "Scottie"
Alyson Zarate Diaz	Darlene Santoyo	Jaime Rayo Jr.	Monroy	Nerland
Andrea "Andy"	Rosales	Jairus Allen	Lourdes Cervantes	Sebastian
Varela	Diego Cisneros	Almenar	Lyndsey Gonzales	Rodriguez
Angel Jeff	E.J. Smith	Jan P. Mona	Mae Betty Babb	Sebastian Vidales
Angel Torres	Edith Mojin	Jarron Jefferson	Mariana Guillen	Sibastian
Santiago	Eleena Avila Rivera	Jason Mullis	Gomez	Hernandez- Lorenzo
Anna Davis	Elijah Johnson	Javier Sanchez	Mario Silva Jr.	Skyler Mantle
Anthony Nguyen	Elijah De La Cerda	Jayden Gallegos-	Mark Puentes, Jr.	Sophia Man Lopez
Armando Rosales,	Elizabeth Reynoso	Silva	Mateo Martinez	Sophia Marie
Jr.	Emily Smith	Jaylynn Rivera	Matthew Schaak	Mendoza Ybarra
Audrey Gutierrez	Emma Sandoval	Jennifer Johnson	Matthews Delrin	Stephanie Cruz
Ava Fernandes	Emmanuel	Jeremiah Zuniga	Max Aaron Vargas	Steven Sztukowksi
Bella Suniga	Gonzalez	Jose Piceno	Perez	Uma Kirby
Benson Benavides	Ethan Hunter	Joshua Morales	Melissa Marie	Vanessa Castillo
Blake Powell	Eva Conner	Joshua Silmon	Alvarez	Victoria Castro
Brenda Anderson	Evan Forbis	Lopez	Mia Figueroa	Vita Hernandez
Brogan Kerrigan	Evely Morelos	Joshua Vazquez	Micah McDaniel	Ximena Lopez-Ballin
			Michelle Villeda	

...KIDS CORNER...

DIY HEART SHAPED FLOOR PILLOW

Materials needed:

- Scissors
- Pencil/Pen to outline your shape (tip: get a color that is close to your fleece pattern and is washable)
- Polyfill
- 2 pieces of fleece, 1-1/2 yards each

Directions:

- 1) Find two fleece choices (one print, and one coordinating solid) and have cut to 1 1/2 yards each.
- 2) Lay the two fleece pieces on top of each other. Be sure that the correct side is outward.

3) Cut through both pieces of fabric, to your desired size and shape. NOTE: Your pillow will be approximately 10 inches shorter as an end result (so mine became 45inches by 45inches approximately). You could certainly make any shape including a heart, circular or rectangular with a few modifications.

4) Begin cutting fringe pieces across the first edge of the blanket (any side). Roughly 1 1/2 inches each. Use a yard stick or measuring tape to ensure that you do not cut the strips more than 5 inches in length.

5) Tie the fringe into knots, not too tightly, but do ensure the knots align and close the blanket. Occasionally pull the blanket taut, so that it lays flat and does not gather.

6) Continue cutting and tying knots on sides #2 and #3.

7) On the final side, cut all fringe. Begin tying the knots, but leave approximately 15-20 knots untied in the middle.

8) Stuff the open space with polyfil. I used 32oz, but it certainly could have taken more for a firmer pillow. Be sure that you are stuffing into all corners and to each side. Pull the polyfil apart and fluff it up before inserting. Occasionally, shake the filling around for even distribution.

9) Finish tying the knots to close the hole. VIOLA!





March 10,
2023
Sunnyside Country Club-
Fresno

Early Bird pricing now thru
February 3, 2023

\$110 individual ticket
or 2 for \$200
Guest with Down syndrome \$100

After February 3
Individual ticket \$150
or 2 for \$250

Register today at
www.DSACC.org

Once upon a time, in a central valley not so far away, there lived many princes and princesses who were born with the magical powers of an extra chromosome.

This year's fairytale gala will celebrate the magic and joy of our loved ones with Down syndrome, and will raise funds to support the DSACC programs and services that will make dreams of a better future possible!

Sponsorship Opportunities

Sponsor a ticket for a Prince or Princess with Down syndrome \$100

Wishing Well Sponsorship \$200

- Faux "brick" on the event wishing well
- Event recognition
- DSACC website & newsletter exposure

Cocktail/Sleeping Beauty Sponsorship \$350

- Bar area signage
- Event recognition
- DSACC website & newsletter exposure

Dinner/Snow White Sponsorship \$750

- Dinner sponsor signage
- Event recognition
- DSACC website & newsletter exposure
- Includes 2 individual tickets

Fairy Godmother (or Godfather) Sponsorship \$1,000

- Sponsor signage
- Event recognition
- DSACC website & newsletter exposure
- Includes 2 tickets to the event

Corporate/Cinderella Sponsorship \$1,500

- Special corporate/Cinderella sponsor signage
- Event recognition
- DSACC website & newsletter exposure
- Includes 4 tickets to the event

Prince Charming Sponsorship \$2,000 (Exclusive)

- Custom stage signage
- Podium recognition & opportunity
- DSACC website & newsletter exposure
- Includes table for 8 to the event + 1 VIP parking space

Royal Sponsorship \$3,000

(Exclusive)

- Custom stage signage
- Title sponsor signage/banner
- Podium recognition & opportunity
- DSACC website & newsletter exposure
- Includes table for 8 + 2 VIP parking spaces

Silent Auction items needed!

If you have a business, service, or just willing to donate something, DSACC is looking for silent auction items or completed gift baskets! Items such as...

- Gift cards
- Kitchen/baking items
- Sports or athletic items, or souvenirs
- Wine, glasses, cheese board, etc
- Vacation rentals
- & more

DSACC is also looking for decorated cakes and fancy cookie donations for the Dessert Dash



Early Birdie pricing now thru February 28, 2023!

Early Bird Individual Golfer \$150
 Early Bird Foursome \$600
 Golfer with Down Syndrome \$100

After February 28
 Individual Golfer \$180
 Foursome \$720

Register today!
www.DSACC.org

Enjoy on-course games, raffle, lunch, dinner, silent auction, and raffle!
 Check-in/Registration/Lunch 11:30 am
 Tee time 1 O'clock pm
 Dinner & Awards to follow

Sponsorship Opportunities

Sponsor entry for a golfer with Down syndrome \$100

Tee Box Sponsorship \$150

- Course signage
- Event recognition
- DSACC website & newsletter exposure

Beverage Cart Sponsorship \$250

- Beverage cart signage
- Event recognition
- DSACC website & newsletter exposure

Dinner Sponsorship \$750

- Dinner sponsor signage
- Course signage
- Event recognition
- DSACC website & newsletter exposure

Birdie Sponsorship \$1,000

- Blue sponsor signage
- Foursome entry
- Course signage
- Event recognition
- DSACC website & newsletter exposure

Corporate/Eagle Sponsorship \$1,500

- Special corporate sponsor signage
- Foursome entry
- Course signage
- Podium recognition & opportunity
- Event recognition
- DSACC website & newsletter exposure

EXCLUSIVE "Driving Range" Sponsorship \$2,000

- Exclusive Driving Range signage
- Foursome entry
- Podium recognition & opportunity
- DSACC website & newsletter exposure

EXCLUSIVE "Hole in One" Sponsorship \$3,000

- Title sponsor signage/banner
- Foursome entry + 4 additional tickets to dinner/reception
- Podium recognition & opportunity
- Logo on tournament score card
- DSACC website & newsletter exposure

Silent Auction & Raffle items needed!

If you have a business, service, or just willing to donate something, DSACC is looking for silent auction items or completed gift baskets!

Items such as...

- Gift cards
- Sports or athletic items, or souvenirs
- Beer or Wine, glasses, coolers, etc
- Golf gear
- Vacation rentals & more

FAIRYTALE BALL & TEE UP REGISTRATION/SPONSORSHIP FORM

Company:

Contact First & Last Name:

Address:

City:

State:

Zip:

Phone:

Email:

Group/Team Name:(list names in foursome if registering for Tee Up)

I'd like to be a sponsor of (circle one or both)

FAIRYTALE GALA

TEE UP FOR DOWN SYNDROME

Sponsorship Recognition: Please recognize me as:

Please keep this anonymous.

FAIRYTALE BALL TICKET PRICES

Early Bird pricing now thru February 3, 2023

\$110 individual ticket
or 2 for \$200

Guest with Down syndrome \$100

Individual ticket \$150 (After February 3)
or 2 for \$250 (After February 3)



FAIRYTALE BALL SPONSOR LEVELS

- Sponsor a ticket for a Prince or Princess with Down syndrome \$100
- Wishing Well Sponsorship \$200
- Cocktail/Sleeping Beauty Sponsorship \$350
- Dinner/Snow White Sponsorship \$750
- Fairy Godmother (or Godfather) Sponsorship \$1,000
- Corporate/Cinderella Sponsorship \$1,500
- Exclusive Prince Charming Sponsorship \$2,000
- Exclusive Royal Sponsorship \$3,000

TEE UP SPONSOR LEVELS

- Sponsor entry for a golfer with Down syndrome \$100
- Tee Box Sponsorship \$150
- Beverage Cart Sponsorship \$250
- Dinner Sponsorship \$750
- Birdie Sponsorship \$1,000
- Corporate/Eagle Sponsorship \$1,500
- Exclusive "Driving Range" Sponsorship \$2,000
- Exclusive "Hole in One" Sponsorship \$3,000

Please make checks payable to DSACC: 1491 W Shaw Avenue Fresno CA 93711
Or contact DSACC staff for other forms of payment, questions, or inquiries. 559.228.0411, info@dsacc.org

Company:

Guest 1 - First & Last Name:

Address:

City:

State:

Zip:

Phone:

Email:

Group/Team Name:(list names in foursome if registering for Tee Up)

Company:

Guest 2- First & Last Name:

Address:

City:

State:

Zip:

Phone:

Email:

Group/Team Name:(list names in foursome if registering for Tee Up)

Company:

Guest 3- First & Last Name:

Address:

City:

State:

Zip:

Phone:

Email:

Group/Team Name:(list names in foursome if registering for Tee Up)

PHOTO & LIABILITY RELEASE:

Liability Waiver and Agreement: In consideration of your acceptance of my entry, I intending to be legally bound do hereby for myself, my heirs, executor and administrators, waive and release forever any and all rights to claims or damages I may have against Down Syndrome Association of Central CA and all other parties associated with this event. I attest to being fully trained and fit to participate and have full knowledge of the risks involved. I also give my permission for the free use of my name(s), photo and/or voice in any broadcast, telecast, print account or any other account in any medium of this event. I understand that all entry fees are non-refundable and non-transferable. All events take place rain or shine. You agree to not give or sell your number to another individual, if you do this it could result in your disqualification. I understand that I am relinquishing substantial rights, including the right to sue and I intend this agreement and waiver to be an unconditional release of all liability to the greatest extent permitted by law.

Signature

Date



We are headed
back to camp!
MARCH 24-26, 2023

It has been a few years, but we are finally headed back for Camp TRI:21 at Camp Arroyo in Livermore, CA!

This weekend long camp is for our families with a kiddo who happens to have Down syndrome, between the ages of 8-22. Siblings and immediate families are welcome to join the fun!

Three days and two nights will be packed with fun for all ages including a welcome dance party, ropes course, rock climbing, music, crafts, games, campfire, and so much more!

Campers will also enjoy all their meals specially prepared to dietary needs! So if you have sensitivities & allergies- they can and will be accommodated!

Its the perfect opportunity for families to reconnect with each other, and to meet new life long friends.

Covid concerns are still here, so we will be doing everything possible to keep everyone happy and healthy. One of the precautions we will be taking is limiting each cabin to just 2 families. That means there is LIMITED space- so register early. Registrations will be accepted on a first come, first serve basis.

Please note, DSACC will not be providing bus transportation this time. Participants will need to provide their own transportation to and from Livermore.

If you are interested in joining us at camp, register your family today at www.dsacc.org/programs-news/socials

**Cost is only \$20 per camper.
Scholarships available!**

Contact Jenn for scholarships
559.228.0411, info@dsacc.org



THAT'S A WRAP

Breakfast with Santa

It was definitely the most wonderful time of the year! So great to see so many families and of course- always a great time seeing Santa!

The day would not have been possible without the hard work of our incredible volunteers, thank you to the ladies of PINC, Steven our photographer, Tori the Elf, the cooking crew from Kiwanis Club of East Fresno, Shellie, Stephen, Cris and Kyle our amazing wrappers, the Roland family, and everyone who stayed and helped clean up. This is such a great community we are part of.

If you did not receive the email with the link to the photos with Santa, you can access them at www.stevens.com/santa. Other photos from the event will be available online at dsacc.shutterfly.com after January 1, 2023.



UNA VISTA RÁPIDA DE INVIERNO

Noviembre • Diciembre • Enero

GRUPOS DE APOYO
y EDUCACIÓN**PadresAPadres**

Este grupo (de todas las edades) ofrece apoyo emocional, conexiones y educación para familias afectadas por una discapacidad (¡no solo el síndrome de Down!). El propósito es conectar amigos, obtener valiosas herramientas y apoyo para una variedad de temas relacionados con la crianza de un niño o adulto con discapacidad.

¡Estén atentos para una nueva imagen y nueva fecha y hora en marzo!

- Enero y febrero de 2023: no hay reunión.

Grupo de Educación y Apoyo del Valle Sur

Las reuniones son facilitadas por el personal de DSACC y Bright Start. El propósito es conectar nuestros amigos y amigos nuevos, obtener valiosas herramientas y apoyo para una variedad de temas relacionados con la crianza de un niño o adulto con discapacidad.

- Cuándo: primer Jueves de cada mes, de 10:00 a.m. a 11:00 a.m., a menos que se indique lo contrario
- Dónde: Comuníquese con Stephanie Caldera en Bright Start- scaldera@tcoe.org, (559) 740-4321 ext. 6528 para registrarse
- Enero de 2023: No habrá reunión
- 2 de febrero de 2023: Entrenamiento para ir al baño con Amanda Delgado
- 2 de Marzo

Grupo Apoyo

Este Grupo (para todas las edades) se ofrece apoyo emocional, conocimiento y comprensión a los padres de niños con necesidades especiales. ¡Estén atentos para una nueva apariencia y una nueva hora y fecha para las reuniones!

- Enero y Febrero: No habrá reunión

Club de boliche

Invitamos a nuestros miembros mayores de 15 años a una reunión informal de bolos el segundo lunes de cada mes en el callejón Bowling de Fresno State. Este no es un evento gratuito: \$ 5.50 por jugador, más estacionamiento si es necesario. ¡Animamos a los padres a unirse a quedarse para jugar bolos y conocer a otros!

Confirme su asistencia a Jenn en info@dsacc.org, o envíe un mensaje de texto al 559.825.4981 el sábado anterior si es posible.

TALLERES VIRTUALES

Síndrome de Down y regresión con el Dr. Jonathon Santoro, MD

Jueves, 23 de Febrero de 2023
de 6:30 p. m. a 8:00 p. m.

Regístrese con anticipación para esta reunión:

<https://us02web.zoom.us/meeting/register/tZUtd-ygqDgsGtNVEhInpWulpSJPBkoqGXpe>

AUTOGESTORES DE
DSACC

En el Comité de Autogestores, nuestros adultos con síndrome de Down aprenderán habilidades para hablar en público, desarrollarán y mantendrán habilidades sociales y serán una voz para los miembros con síndrome de Down.

Envíe un correo electrónico a Jennifer a info@dsacc.org para obtener detalles sobre la ubicación

- 18 de enero de 2023 de 6:00 p. m. a 8:00 p. m., Cena con la Junta Directiva
- Febrero- TBD

UNA VISTA RÁPIDA DE INVIERNO

Enero • Febrero • Marzo

EVENTOS PARA RECAUDACIÓN DE FONDOS

Baile de cuento de hadas 2023

Érase una vez, en un valle central no muy lejano, vivían muchos príncipes y princesas que nacieron con los poderes mágicos de un cromosoma extra. ¡La gala de cuento de hadas de este año celebrará la magia y la alegría de nuestros seres queridos con síndrome de Down y recaudará fondos para apoyar los programas y servicios de DSACC que harán posibles los sueños de un futuro mejor!

Viernes, 10 de Marzo de 2023

6 de la tarde

club de campo soleado- Fresno, CA

Precio de reserva anticipada hasta el 3 de febrero de 2023

\$110 boleto individual, o 2 por \$200

Regístrese hoy en

www.aplos.com/aws/events/fairytale_ball

Ponte a prueba para el síndrome de Down

¡Únase a la diversión en el campo de golf el 24 de abril de 2023! ¡Disfruta de juegos en el campo, rifas, almuerzos, cenas y mucho más!

Lunes, 24 de Abril de 2023

Belmont Country Club - Fresno CA

Check-in/Registro/Almuerzo 11:30 am

Hora de salida 13:00

Cena y entrega de premios a continuación

¡Precio de Early Birdie ahora hasta el 28 de Febrero de 2023!

Golfista individual madrugador \$150

Cuarteto madrugador \$600

Golfista con Síndrome de Down \$100

¡Regístrese hoy!

https://www.aplos.com/aws/events/tee_up_for_down_syndrome_2023

Horario Temporal de Invierno:

Lunes, Martes y Jueves

10:00am-2:00pm

Solo con cita: Miércoles y Viernes

al 559.228.0411,

o por correo electrónico a la directora ejecutiva Jennifer a pd@dsacc.org,

Oficina cerrada:

Jueves, 22 de diciembre- 3 de enero de 2023- Vacaciones de invierno

16 de enero- Día de Martin Luther King

20 de febrero de 2023: Día del Presidente

1-6 de marzo de 2023: ¡El personal está en la Conferencia DSAIA!

APOYO, RECURSOS y DIVULGACIÓN

APOYO A CADA EDAD

Brindamos apoyo y recursos a familias de todas las edades y etapas de la vida. Incluyendo nuevas visitas familiares, talleres sobre una variedad de temas, ayuda para localizar servicios o apoyos apropiados.

ASISTENCIA FAMILIAR

¡Bolsas de regalo para familias nuevas, becas para eventos, conexiones comunitarias y más!

DIFUSIÓN Y DEFENSA

Brindamos un amplio alcance a los profesionales de la salud, educadores y proveedores de servicios locales que atienden a nuestros miembros con síndrome de Down.

¿Necesita ayuda para encontrar una respuesta a sus preguntas? Comuníquese con el personal de DSACC al 559.228.0411

o info@dsacc.org



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What's Inside

**Camp Tri:21
Fairytale Ball
Tee Up for Down Syndrome
Virtual Workshops & so much more!**



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